

ATOMIC

BAR

FOOD

MENU

BREAKFAST

FREE RANGE EGGS ON TOAST \$10.90
Your choice of eggs; Poached, Scrambled or Fried, Served with sourdough.

EXTRAS

\$3.50 Each Beans/Hash brown/Roast Tomato/Mushrooms.

\$4.50 Each Bacon /Pork sausage.

\$5.00 Each Avocado/Smoked Salmon.

EGG & BACON ROLL \$13.90
In a Turkish roll with mix-lettuce, Egg, Bacon & hash brown, cheese, tomato sauce.

EGGS FLORENTINE \$14.90

EGGS BENEDICT \$15.90

EGGS ATLANTIC \$17.90

2 poached eggs served on top of English muffins with SPINACH/HAM/ SMOKED SALMON & Hollandaise sauce.

SMASHED AVOCADO \$17.90
2 sourdough toast, smashed avocado, crumbled feta, dukkah & finished with balsamic glaze & arugula.

BUTTERMILK PANCAKES \$14.90
2 Buttermilk pancakes, vanilla ice cream, mixed berry compote, topped with maple syrup. **ADD strawberry & banana \$3.00**

BIG BREAKFAST \$22.90
2 eggs of choice on toast, Bacon, Pork Sausage, Hash brown, Tomato, Mushrooms & sautéed spinach.

INVENT YOUR OMELETTE \$17.90
Choice of 3 items plus egg base, mozzarella served with sourdough toast. (Bacon, Ham, Chorizo, Mushroom, Tomato, Spinach, Capsicum)

SOMETHING FOR THE KIDS

\$12.90 EACH

For children under 12 years old

- Includes meal & soft drink/juice.
- Kids Parma/schnitzel & Chips.
- Fish & Chips.
- Nuggets & Chips.
- Cheeseburger & Chips.
- Bolognese pasta (penne/spaghetti).

WARM UPS

GARLIC BREAD ✓ \$10.90

CHEESY GARLIC BREAD \$12.90

RUSTIC BREAD & DIPS ✓ \$13.90

3 Dips with lightly toasted garlic & herb focaccia, kalamata olives & olive oil.

BRUSCHETTA ✓ \$13.90

Classic Bruschetta on sourdough with chopped tomato, onion, fresh basil topped with bocconcini & basil pesto, drizzled with balsamic reduction.

PUMPKIN & FETA ARANCINI ✓ \$12.90

Crispy on the outside, soft & cheesy on the inside; made with pumpkin, feta, mozzarella; served with pesto aioli.

NACHOS ✓ \$15.90

Crunchy corn chips, salsa, cheese; topped with sour cream & guacamole.

CHIPS \$10.90

A bowl of Chips served with garlic aioli & tomato sauce.

POTATO WEDGES \$11.90

A bowl of crispy potato wedges served with sweet chili sauce & sour cream.

SALT & PEPPER CALAMARI Ⓞ \$14.90

Served with salad, aioli & lemon.

OYSTERS

NATURAL 6PC \$17.90 12PC \$32.90

KILPATRIC 6PC \$19.90 12PC \$35.90

BLOODY MARY 6PC \$19.90 12PC \$35.90

CHICKEN WINGS

Perfect to start your meal & sharing

Premium chicken coated in our signature seasoned dusting & tossed in the flavor of your choice.

12 PCS \$18.90 \$24 PCS 30.90

Buffalo 🌶️🌶️

Sweet chili

Cajun spice (DRY RUB)

BURGERS & WRAPS

All burgers & wraps are served with a side of chips.

ATOMIC BURGER \$23.90

Homemade BEEF Pattie in a plain bun with chef-special sauce, lettuce, tomato, cheese, bacon & pickles.

BUFFALO CHICKEN BURGER 🌶️ \$23.90

Chicken fillet dusted in our signature seasoning, fried & then tossed in buffalo sauce served in plain bun with lettuce, cheese, bacon & ranch sauce.

CLUB STEAK SANDWICH \$24.90

Tender chargrilled steak in a Turkish roll with tomato relish, cos-lettuce, tomato, bacon, American cheese & garlic aioli; served with Chips.

CHICKEN & AVOCADO WRAP \$23.90

Toasted flour tortilla with grilled chicken, cos lettuce, tomato, onion, avocado, mozzarella cheese & aioli sauce.

LAMB WRAP \$23.90

Toasted flour tortilla with grilled lamb strips, spinach, onion, tomato, olives & tzatziki.

PLATTERS

MEAT PLATTER \$28.90

Smoked ham, Salami, 6 buffalo chicken wings, Three dips, kalamata olives, celery sticks & Toasted garlic & herb focaccia Bread.

SEAFOOD PLATTER \$48.90

Crumbed fish, Salt & pepper calamari, Scallops, Prawns, mussels in Napoli sauce, Tartare sauce, lemon; Chips & Salad.

STEAKS (GRILL/STONE GRILL)

GRASS-FED STEAKS, seasoned, served with chips, salad & a sauce of your choice. (Gravy/Mushroom/pepper)

GREAT SOUTHERN PORTERHOUSE – 300GM \$35.90

GREAT SOUTHERN SCOTCH FILLET – 250GM \$36.90

GREAT SOUTHERN RIB EYE – \$350GM \$42.90

Please advise us of any special dietary requirements or allergens when ordering.

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PARMAS

All Parmas are served with a side of Chips & Salad

TRADITIONAL \$24.90

Panko crumbed chicken breast fried & then topped with ham, Napoli sauce, tasty & mozzarella cheese.

AMERICAN \$25.90

Panko crumbed chicken breast fried & then topped with BBQ Sauce, bacon, tasty & mozzarella cheese.

GREEK \$25.90

Panko crumbed chicken breast fried & then topped with Napoli sauce, tasty & mozzarella cheese, Bruschetta-mix & feta.

HAWAIIAN \$25.90

Panko crumbed chicken breast fried & then topped with Napoli sauce, ham, pineapple, tasty & mozzarella cheese.

EGGPLANT PARMA \$23.90

Crumbed eggplant fried & then topped with Napoli sauce, capsicum, olives, mushroom, tasty & mozzarella cheese

MAINS

FISH & CHIPS (CRUMBED or GRILLED) \$23.90

Served with salad, Chips, tartare sauce & lemon wedge.

SALT & PEPPER CALAMARI \$22.90

Served with aioli, salad, Chips & lemon.

BRAISED LAMB SHANK \$29.90

Slow cooked lamb shank served with garlic mash potatoes, green beans.

ATLANTIC SALMON \$28.90

A fillet of salmon served with guacamole, asparagus topped with tomato & onion salsa & drizzled with balsamic glaze.

VEGGIE STIRFRY \$19.90 **ADD PRAWNS \$8.00**

Asian vegetables, mushrooms, green beans, cauliflower, carrots, roasted cashews with hokkien noodles in sweet soy sauce topped with sesame seeds & crispy shallots.

SIDES \$4.50 Each

Mash/Sautéed vegetables/Garden salad/Chips /Potato wedges

PIZZAS

CHEESY-GARLIC PIZZA \$13.90

Garlic base & mozzarella.

MARGHERITA \$15.90

Napoli base, cherry tomato, bocconcini, mozzarella & fresh basil.

HAWAIIAN \$18.90

Napoli base, Smoked ham, pineapple & mozzarella.

VEGETARIAN \$22.90

Napoli base, capsicum, mushrooms, onion, olives, & mozzarella.

BBQ CHICKEN \$22.90

Napoli base, chicken, mushrooms, onion, mozzarella & BBQ sauce.

CALABRESE \$20.90

Napoli base, salami, capsicum, mushrooms, chili & mozzarella

Make it **gluten free** for \$4.5, just ask your server.

SALADS

FREEKEH SALAD \$21.90

Mixed-lentils, freekeh, roasted pumpkin seeds, almond flakes, pine nuts, dried cranberries, mint, wilted kale; tossed through lemon-vinaigrette; finished with pomegranate seeds & tzatziki.

CAJUN CHICKEN & AVOCADO SALAD \$22.90

Grilled Cajun-spiced chicken tenders, on a salad of cherry tomato, onion, avocado, cucumber, mix-lettuce; tossed through lemon-vinaigrette.

CALAMARI SALAD \$21.90

Crisp tender pieces of salt & pepper calamari on a salad of roquette, cucumber, julienne beetroot, green capsicum; tossed through lemon-vinaigrette; finished with fetta.

LAMB SALAD \$26.90

Seasoned grilled lamb strips on a salad of spinach olives, cucumber, semi-dried tomato, onion, feta; tossed through lemon-vinaigrette.

PASTA/RISOTTO

CARBONARA \$21.90

Garlic, bacon, cream, onion, egg yolk & parmesan.

MARINARA \$27.90

Prawns, calamari, scallops, mussels, cooked with chili, garlic, cherry tomato, Napoli sauce & topped with parmesan.

PUMPKIN GNOCCHI \$24.90

Homemade potato gnocchi, pumpkin puree, sage, cooked in a creamy sauce finished with feta & pine nuts.

CHICKEN & MUSHROOM \$24.90

Chicken, mushrooms, spring onion, roasted peppers, spinach, garlic & topped with parmesan.

Make it **gluten free** for \$3.5, just ask your server.

DESSERTS

STICKY DATE PUDDING \$12.90

Housemade sticky date pudding served with vanilla ice cream & butterscotch sauce.

PAVLOVA \$12.90

Served with mixed berry compote, seasonal fruits & whipped cream.

CHOCOLATE BROWNIE \$12.90

Housemade smothered brownie with rich chocolate sauce; served with whipped cream & chocolate shavings.

GAYTIME WAFFLES \$13.90

Warm Belgian waffle, served with vanilla ice cream, biscuit crumbs, rich chocolate sauce, strawberries & honeycomb pieces.

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